




DMAFB Airman & Family Readiness Center Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Pre-Deployment Brief 10-11am Private Resume 1-2pm Divorce/Relationship Recovery 4:30-6pm Service Dog Information 5-7pm	2 Laugh Your Way to a Better Marriage 12-1pm	3
				Boots 2 Business – Wed-Thu 8:30am-4:30pm		
4	5 Pre-Deployment Brief 2-3pm	6 Post PCS Financial 8-9am Pre-Separation Brief 9-11am Couples Communication 3-4pm	7 Moving Out 9-10am HA Deployed Dining 4-5:45pm	8 Capstone Event 9-11am Pre-Deployment Brief 10-11am Key Spouse Continuing Education 12-1:30pm & 6-7:30pm Divorce/Relationship Recovery 4:30-6pm	9	10 HA Cosmic Bowling 12-2pm A.L.P.H.A. 2-5pm
Separating Members TAP Goals, Plans, Success Workshop – Monday-Friday 8am-4:30pm						
11	12 Pre-Deployment Brief 2-3pm	13 Key Spouse Basics 8am-4pm Pre-Separation Brief 9-11am Couples Communication 3-4pm	 14 Flag Day Right Start 7:30-11am Moving Out 9-10am Wounded Warrior Spouse Support Group 11am-1pm	15 Pre-Deployment Brief 10-11am Navigating USA Jobs 1-2:30pm Divorce/Relationship Recovery 4:30-6pm	16	17
		Accessing Higher Education – Mon-Tue 8am-4pm				
18	19 Pre-Deployment Brief 2-3pm	20 Pre-Separation Brief 9-11am Couples Communication 3-4pm	21 Moving Out 9-10am	22 Capstone Event 9-11am Pre-Deployment Brief 10-11am Divorce/Relationship Recovery 4:30-6pm	23	24
Retiring Member TAP Goals, Plans, Success Workshop – Monday-Friday 8am-4:30pm						
25	26 Smooth Move 9-11am Pre-Deployment Brief 2-3pm	27 Pre-Separation Brief 9-11am Thrift Savings Plan 11:30am-1:30pm Couples Communication 3-4pm	28 Right Start 7:30-11am Moving Out 9-10am	29 Pre-Deployment Brief 10-11am Private Resume 1-2pm Divorce/Relationship Recovery 4:30-6pm	30 DIMS Training for UPC/CSS 1-2pm	

To register for a program, please call the Airman & Family Readiness Center at 228-5690, or stop by 5355 E. Granite St. Mon.-Fri., 7:30-4:30pm.

CAREER/TRANSITION ENHANCEMENT



Military Life Cycle (MLC) classes are designed to enhance your career as an Airman and strengthen your skills when you transition.

Boots to Business - Wed-Thu, 31 May - 01 Jun, 8:30-4:30pm, Perspectives Rm
Introductory training and orientation to the fundamental tools and strategies associated with launching a new business. The subject matter experts come to you! After this two-day workshop, you will have gathered the knowledge and skills that will serve as the basis for future business planning efforts.

Private Sector Resume Workshop - Thu, 01 & 29 Jun, 1-2pm, Opportunities Rm
Prepare for your next career! We will cover topics including writing a resume for the private sector and successful interviewing skills.

Accessing Higher Education - Mon-Tue, 12-13Jun, 8-4pm, PDC Rm 127
Learn about transferring credits, researching schools, seeking financial assistance, selecting the right school, and preparing college applications. Space available basis for spouses and retirees. Please call the Education Center at 228-4837 to register for this class.

Navigating USAJobs - Thu, 15 Jun, 1-2:30pm, Opportunities Rm
This class is designed to help individuals learn how to navigate through the USAjobs website, such as building one's resume using USAjobs resume builder, look for job announcements, interpret job announcements and answer the questionnaire.

HEARTS APART AIRMEN & FAMILIES

Hearts Apart Family Dining - Wed, 07 Jun, 4-5:45pm, Dining Facility
Come out to HA Family Dining for a free meal, no cooking or cleaning! This is a great opportunity to socialize with other families.

HA Cosmic Bowling - Sat, 10 Jun, 12-2pm, DM Bowling Center
We will have Cosmic Bowling which will include pizza, drinks and shoe rental!
Registration is required!

A.L.P.H.A - Sat, 10 Jun, 2-5pm, American Legion Post 109
American Legion Pre-deployment Heroes Assembly World Famous Chicken Fried Steak at 15921 S. Houghton Rd. Vail AZ 85641 for Deploying members and their families. Please see HA newsletter for more information.

WOUNDED WARRIOR & EFMP PROGRAMS

Service Dog information Session - Thu, 01 Jun, 5-7pm, A&FRC Conf Rm
ADA regulations and how a service dog or emotional-support dog may benefit your family. Pizza, dessert and drinks will be served.

Wounded Warrior Spouse Support Group - Wed, 14 Jun, 11-1pm, AIT
Learn more about issues impacting your day-to-day life and connect with other military caregivers.

RELOCATION ASSISTANCE

Smooth Move Brief - Mon, 20 Jun, 9-11am, A&FRC Conf Rm
Relocation Assistance Briefing for PCS moves. Information presented by TMO, Legal, Family Advocacy, Finance, A&FRC, and the Housing Office.

DIMS Training for UPC/CSS - Fri, 30 Jun, 1-2pm, A&FRC Conf Rm
Basic techniques and standards necessary to access and navigate the Defense Installation Messaging System and maintain current information.



FINANCIAL READINESS

Post PCS Financial Checkup - 1st Tuesday, 8-9am, A&FRC Conf. Room
Whether you've just arrived or have been here a while, this class presents valuable information on local concerns and local resources. We'll discuss credit reports, identity theft, budget issues, car buying and more. Great information to keep your finances healthy!

Moving Out! -Wednesdays, 9-10am, A&FRC Conf Rm
Mandatory for dorm residents preparing to move out of the dorms. Bring your dorm out-processing checklist, latest monthly LES & a list of monthly bills/expenditures. Set yourself up for success by planning for this exciting move!

Thrift Savings Plan (TSP) - Tue, 27 Jun, 11:30-1pm, A&FRC Conf Room
Learn why the Thrift Savings Plan has been called the Model for all 401k Plans. No matter how much time you plan to be in federal service (uniformed or civilian), the TSP is a retirement savings plan that you will thank yourself for contributing to when you reach your retirement age. Lunch & learn seminar. Bring your lunch - Bring your questions - Bring a friend!

FAMILY LIFE EDUCATION

Divorce & Relationship Recovery Support Group - Thursdays, 4:30-6pm, Rm 148
Divorce is only one of the many transitions we make in a lifetime. A major life transition such as divorce takes time and is different for everyone. Join our support group to find out more about the transition journey and divorce recovery.

Couples Communication - Thursdays, 3-4pm, Chapel
Do you often wonder if the message being sent is the message being received? Do you tend to say things you later regret? Do you feel like you need help in making sure your communication with your partner is more effective? If you answered "yes" to any of these questions, give us a call and sign up for the Couples Communication Class!

Laugh Your Way to a Better Marriage - Fri, 02 Jun, 12-1pm, Rm 148
"A Tale of Two Brains" Learn more about the differing communication styles used by men and women and how to improve your relationship.

PLEASE REGISTER BY CALLING 228-5690

ALL CLASSES ARE LOCATED IN THE PROFESSIONAL DEVELOPMENT CENTER (PDC), BLDG 2441, UNLESS OTHERWISE NOTED